



SITE APPLICATION



Basic Site Information

Name of Site:	School System:
Physical Address of Site:	
Principal (If Applicable):	Phone:
Fax Number:	Email Address:
Please Check: <input type="checkbox"/> Elementary School (Girls on the Run®) <input type="checkbox"/> Middle School (Heart & Sole®)	
<input type="checkbox"/> Elementary School (STRIDE)	
Do most families of the girls at your site have access to technology to register online?	
<input type="checkbox"/> Most would <input type="checkbox"/> Some would <input type="checkbox"/> Most would not	

Site Liaison Information

The Site Liaison is responsible for the smooth implementation of the curriculum by securing appropriate indoor and outdoor program space and serving as a link between coaches, participants and parents.

Liaison Name:	Title/Role:
Liaison Phone #:	Email:

Readiness to Participate Criteria

While Girls on the Run® and STRIDE provides almost everything needed to run the program, the site is required to provide the following:

- Provide a Site Liaison
- Provide a safe outdoor space dedicated twice per week for running. **THIS IS ESSENTIAL.** This can be a track or a field that can be measured off for occasions when lessons require running a certain distance, e.g. 1 mile, 5K, etc.
- Provide a safe indoor space, preferably a gym, dedicated twice per week for running during inclement weather that is **NOT in conflict with other programs. THIS IS ESSENTIAL.**
- We need any/all communication pieces to families to be in both Spanish and English: Yes No
- If multiple teams are formed, assign coaches and participants to teams. Teams should include blend of ALL THREE grades as much as possible.
- Please list all potential coaching candidates on an additional sheet. Each coach will be required to attend one day of Girls on the Run training prior to the season start and become First Aid and CPR certified. Coaches must be available two days per week for two hours each day.
- Please have school principal or site director sign below indicating his/her acknowledgement and awareness that Girls on the Run may be delivered at your site.

Communication

- Registration
 - How will your site conduct registration? Online Paper
 - Girls on the Run/STRIDE of Northern NC is able to provide up to **50 copies** of its participant registration forms if your site elects to do paper registration. How many copies would you like to receive? _____ (Note: additional copies can be made by the site as needed).
- Marketing
 - How do you suggest we market Girls on the Run to your site?

 - Does your sight have a list serve to post Girls on the Run announcements and registration information? Yes No If yes, how often does it circulate? _____



Team/Practice Information

Would your site like to be considered for more than one team (up to 15 or 20)? Yes No
If yes, how many teams of 15 would you like to be considered for (considering practice facilities)?

Please choose two days per week and the time the participants will meet for a minimum of 75 minutes to 90 minutes per day from start to finish. (Ex: Monday & Wednesday from 3:00 - 4:35pm)

Team 1 - Days: _____ Time: _____
Team 2 - Days: _____ Time: _____
Team 3 - Days: _____ Time: _____

Program Fees

Implementing our program at each site requires funding. We provide an official training for all coaches, nationally evaluated curriculum materials, supplies, registration forms, and numerous participation benefits for students. The registration/program fee includes a participation in the end of season 5K event. Financial assistance is available. Guardian approval for participation is required. The program fee for the 12 week program is \$ 120.

Site Authority Signature

Please have your Site Director/School Principal sign below indicating his/her acknowledgement and interest in bringing Girls on the Run® to your site.

Name Title

Signature Date

Girls on the Run is open to ALL girls. We allow girls who are unaffiliated with a program site to participate at a site that is appropriate to them. Are there any rules or regulations that would not allow girls from outside of your site participate in Girls on the Run at your site? Yes No
If yes, please explain:

Application Agreement

I have thoroughly read and understand the Site Application. If I had any questions, I have contacted the Girls on the Run council office for clarification. I understand that the information submitted in this application is open for discussion and subject to change at the discretion of the Girls on the Run council and my site. I also understand that submitting this application does not guarantee that my location will be added as program site for the Girls on the Run program.

Application Submitted by:

Signature Name (Please print) Date

Title/Role Phone Number Email



COACHING CANDIDATE LIST



Site Name: _____ Liaison Name: _____

Please list below potential coaching candidates. Each coach will be required to attend one day of Girls on the Run®/STRIDE training and become First Aid and CPR certified. Coaches must be available two days per week for two hours each day during the season.

PLEASE NOTE: Successful implementation of the Girls on the Run and STRIDE programs requires identifying, screening and training two volunteer coaches for each team. All teams will remain pending until two volunteer coaches have been identified and approved for each team.

Coach Candidate Name:	
Coach Phone #:	Email:

Coach Candidate Name:	
Coach Phone #:	Email:

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